

**ABSTRACT**

Compositions, optionally heat-activated, methods and kits for durable non-permanent shaping of at least one keratinous fiber or for durable retention of a non-permanent shape of at least one keratinous fiber comprising applying to keratinous fibers a composition comprising at least one compound chosen from C<sub>3</sub> to C<sub>5</sub> monosaccharides, and heating the keratinous fibers.

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